



KAMBO CASITA

Advanced Provider Training

Costa Rica · November 2026

Your 7-Day Training Journey

DAY 1 — Foundation, Preparation & Safety

Welcome, Introduction & Q&A

Begin by establishing the foundation for the week and creating a shared understanding of the training process.

Training includes:

- Sitting meditation
- Setting intentions
- Technical protocol
- Safety rules
- Kambo preparation diet
- Risky diets and preparation considerations

Focus

Build a strong foundation before moving into advanced practical work.

DAY 2 — Kambo Application

Titration, Progressive Application & Observation

The first practical application day introduces the titration method alongside safety considerations and practitioner observation.

Training includes:

- Titration method
- Precautions and safety guidelines
- Progressive Kambo application
- Choosing meridian and reflexology points
- Session observation and integration
- Important meridian and reflexology points

Focus

Learn to observe the individual and make more informed application decisions.

DAY 3 — Advanced Application & TCM Theory

The third day moves deeper into the relationship between application, emotional states and Traditional Chinese Medicine concepts.

Training includes:

- Advanced practice
- Addressing emotional issues according to TCM
- Relationship between organs and body frequencies
- Balanced and imbalanced states
- Synergy of Kambo and adaptogens
- When Kambo must wait
- Adaptogens in relation to the immune and nervous systems
- Support of the HPA axis

Focus

Expand the practitioner's understanding beyond technique alone.

DAY 4 — Integrating Application Methods

Titration + Traditional Application

This day focuses on bringing different approaches together.

Training includes:

- Continued Kambo application
- Integrating the titration method with traditional application methods
- Practical observation
- Application refinement

Focus

Develop flexibility while maintaining clear safety principles and structured technique.

DAY 5 — Integration & Deeper Theory

A deeper theoretical and observational day built around the experiences of the previous sessions.

Training includes:

- Student Kambo sessions used as study material
- Contraindications related to health conditions
- Pharmaceutical side effects
- Synergy of Kambo, Iboga and other psychoactive substances
- Avoidance time windows
- Integration and discussion

Focus

Learn from real sessions while deepening awareness of contraindications, timing and practitioner responsibility.

DAY 6 — Practitioner-to-Practitioner Application

Partner Application: Theory & Practice

Participants begin applying what they have learned with one another under supervision.

Training includes:

- Partner application theory
- Partner application practice
- Practitioner observation
- Feedback
- Technique refinement

Focus

Turn theory into confident practice while receiving direct feedback.

DAY 7 — Self-Application, Integration & Review

The final day focuses on self-application and consolidating the full week of training.

Training includes:

- Self-application theory
- Preparation for self-application
- Multiple-session practice
- Safety rules
- Integration
- Final Q&A
- Practitioner review
- Kambo test

Focus

Complete the training with greater clarity around personal practice, professional responsibility and future application.
