









EVENT SCHEDULE — 1111 — Weekly Flow

Day	Theme	Morning	Afternoon	Evening
Day 1 — Saturday	 Becoming the Aligned Self	Arrival & settling in	Welcome circle, intention setting, guided meditation, art & writing reflection	Opening fire ceremony + gentle group connection
Day 2 — Sunday	 Body–Mind Connection	Kambo sessions + light breakfast	Emotional body mapping, creative workshop, somatic awareness	Rest, integration, free time
Day 3 — Monday	 Somatic Movement & Release	Movement practice + breakfast	Breath and Body Workshop + free time	Group channelling/intuitive reading with Nadine
Day 4 — Tuesday	 Deep Ceremony & Integration	Movement + breakfast + Web workshop	Light lunch, IV nutritional support, preparation & grounding	Daime Night Ceremony
Day 5 — Wednesday (11-11 Portal)	 Connection & Belonging	Slow morning + breakfast + TranquiliTEA	Release movement, meditation, integration workshop	Restorative evening

Day 6 — Thursday	 Purpose & Gentle Activation	Bufo Ceremony + light breakfast	Creative/reflective workshop, breathwork or sound journey	Dinner + quiet reflection
Day 7 — Friday	 Rest, Nature & Closing	Rest day / optional beach, kayak, horseback riding, tide pools (one option)	Workshop + Integration time (to be determined based on morning)	Closing ceremony, gratitude circle, music & celebration
Departure — Saturday	 Closing and Return	Breakfast + check-out	Departures	—